

Five Techniques of the Christian Way of Life

Definition: TECHNIQUE- The mechanical performance of practice of an art; the practical details of methods by which an artist in any line expresses his mental conceptions (theology) and mechanical skill in any art (Christ likeness).

For example, in basketball players must be taught certain techniques that are required to play the game. They must know the proper way to dribble, shoot, pass, play defense, and rebound. These would be considered five techniques of basketball.

Confession (self-judgment) – 1 John 1:9, The technique by which we deal with personal sins for cleansing, forgiveness, restoration to full fellowship, power and service. Use this daily. (Psalm 32, 38, 51; 1 Corinthians 11:28-31; 1 John 1:7-2:2)

Spirituality (fellowship with the Holy Spirit), Commanded in Ephesians 5:18, *“Be filled with the Spirit.”* The mechanics are seen in Ephesians 3:16-20; 4:1-16. The technique is the daily practice of sincere study, prayer and application. Eph. 4:17-18 – *“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart.”* Ephesians 6:17 – the Sword of the Spirit is the Word of God.

Faith-Rest Life (trust in God), The technique of reliance on the promises, principles, doctrines of the Word of God when faced with troubles, persecutions, temptations, worries, deceitfulness and desires of daily life. This produces inner rest, peace, and tranquility. Daniel in the lion’s den is an example. It is seen in spiritual calmness and poise. Mark 4:17-19 – *“since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. Still others, like seed sown among thorns, hear the word; but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful.”* (Psalm 119:103,105)

Living in the Word (life application), A lifestyle of thoughts (decisions), words and actions (deeds) that are dependent on the Word of God in a renewed mind (a soul saturated with the Word.) This technique is developed by the “spiritual athlete” (2 Timothy 2:5) that has trained themselves because of their desire to attain the goal (1 Corinthians 9:24-27); Matthew 4:4 – *“It is written, “Man shall not live by bread alone, but by every word that comes from the mouth of God.”* (Psalms 119:103,105); Psalm 138:2 – *“I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness, for you have exalted above all things your name and your word.”*

Occupation with Jesus Christ (recognition that Jesus is the only true celebrity) This technique involves the pursuit of Jesus Christ for the celebrity he truly is. The emotions, plans, etc. come from a soul occupied with thoughts of Jesus Christ.

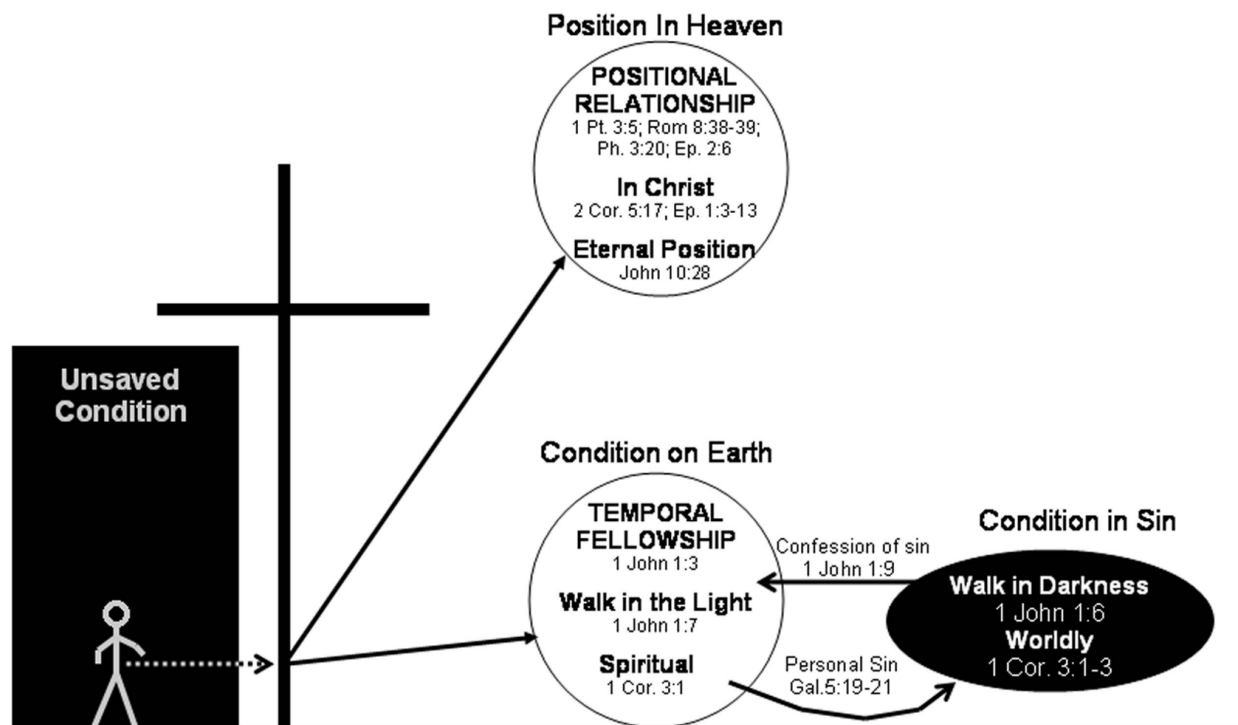
This is the First Love relationship in Revelation 2:4 (Matthew 6:24; James 4:4; Matthew 10:37)

Philippians 3:10, "I want to know Christ. . ."

Hebrews 3:1, "Consider Jesus, . . ."

Hebrews 12:2, "Fix your eyes on Jesus, . . ."

Hebrews 12:3, "consider him who endured. . ."



- 1 John 1:6 -
"If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth."
- 1 Corinthians 3:1-3 –
"I, brothers, could not address you as spiritual people, but as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for it. And even now you are not yet ready, for you are still of the flesh. For while there is jealousy and strife among you, are you not of the flesh and behaving only in a human way?"
- Galatians 5:19-21 – "Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God."

SALVATION

For Regeneration to Glorification

1 PHASE ONE - Spirit
Justification -Removal of Penalty of Sin

PAST
 FINISHED,
 Completed

2 PHASE TWO - Soul
Sanctification -Removal of Power of Sin

PRESENT
 We work here. This is the
 labor of our Christian life.

3 PHASE THREE - Body
Glorification -Removal of Presence of Sin

FUTURE
 Not Yet Available,
 Waiting For God

THREE PHASES OF SALVATION

PHASE #	THEOLOGICAL TERM	TIME IN BELIEVER'S LIFE	EFFECT ON HUMAN CONDITION	RESULTS	DELIVERANCE FROM SIN
ONE	Justification	Past	Spirit	Born Again	Penalty of Sin Removed
TWO	Sanctification	Present	Soul (Mind)	Renewed Mind	Power of Sin Removed
THREE	Glorification	Future	Body (Flesh)	Resurrected Body	Presence of Sin Removed

