

REPS & SETS: Optimal Spiritual Training for Life Application

2000 BC 1400 1000 600 330 20 BC 30 AD 60 96

Adam Noah Abram Joseph Moses Judges David Isaiah Jeremiah Daniel Alex Herod Jesus Paul John

Month Date - Morning (or, Evening)

TITLE OF DEVOTION

“Bible verse from today’s text and the basis of today’s devotion found below” – Genesis 7:4

Text for today’s devotion is based on the above reference taken from the general chronological reading of the Bible designed to take the student through the entire text of scripture in one year at one of three levels: General Overview, Chronological Narrative, or the Complete Text.

This devotion will be 150 words, layed out in three paragraphs. Each devotion will stem from the text verse but could deviate into stories, illustrations, topics, issues, etc. It would be nice if this part was fresh and had a variety of subjects from history, to nature, to family, to personal accounts easily read fast and with focus

Below will be the listing of the chapters for the various Bible reading tracs that could be choosen. After this a few academic footnotes for the readers who might be interested in a few more details followed by a word from the original languages and more- that’s 153 words!

- 1- Footnote with more information
- 2- Footnote with more information

Read Bible in a Year	General Overview	Narrative Text	Complete Bible
	Gn.7:1-8; 8:1-5	Gn. 7-8	Gn. 7-10

HEBREW: Hebrew or Greek Word and meaning with theological emphasis.

FACT: Archaeological Find or Historical Fact supporting the Bible.

QUOTE: Quote from someone we should get to know from Church History

THINK: Question to Ponder??

CONFESS: My confession to action!!

PRAY: Personal, Church, National, World

PROVERB: